What's the Scoop on Your Health?



Sign-up for Healthy Youth, Healthy Futures!

Healthy Youth, Healthy Futures is a free summer camp for young people ages 12-25! You can come to cooking class, fitness workshops, and learn about overall health and wellness!

July 12th - August 25th Tuesdays 5:30-7pm Thursdays: 2-3pm



The Corner Health
Center
www.cornerhealth.org
47 N. Huron St

Hours

Monday, Thursday, Friday 9am-5pm Tuesday 9am-6pm Wednesday 1pm-5pm

Features & Highlights
P.2 - COVID Vaccines

for Kids

P.3 - Meet our Family

Nurse Practitioner

P.4 - Minority Mental Health Month

P.5 - Clinic Updates

The mission of the Corner Health Center is to inspire 12- to 25-year-olds (and their children) to achieve and sustain healthy lives by providing judgment-free, affordable health and wellness care and education.

We cover comprehensive health care, behavioral health services, health education and youth development programs designed exclusively for teens and young adults.

For more information, visit www.cornerhealth.org or call 734-484-3600 for an appointment.











July 2022



Let's Talk About...

COVID-19 Vaccinations for Children

The FDA has authorized the use of the Moderna COVID-19 Vaccine and the Pfizer BioNTech Vaccine for the prevention of COVID-19 to include children down to 6 months in age.

Pfizer vs Moderna

The Pfizer vaccine is administered as a series of 3 doses in which the first 2 doses are administered 3 weeks apart, followed by a 3rd dose at least 8 weeks later. This has been approved for individuals 6 months through 4 years of age.

The Moderna vaccine is administered through 2 doses, one month apart to individuals 6 months through 17 years of age.

Both vaccines have similar potential short-term side effects such as a fever or fatigue. Doctors are not recommending one vaccine more than the other - it is just a personal preference.



July 2022

The Corner Program Updates

Meet Markia Jones - our Family Nurse Practitioner!

Markia Jones calls Ypsilanti home. She graduated from Ypsilanti High School and went on to study Nursing at Michigan State University. She later pursued and obtained her MSN-Family Nurse Practitioner degree in 2011 from the University of Michigan. She is passionate about health promotion, women's health, and educating her patients. Markia has experience working with diverse groups of patients in primary care.

In her spare time you can find Markia spending time with her family, cooking, trying the latest Tik-Tok trending recipe, and traveling.



In Support of Reproductive Justice

The Corner Health Center was founded over 40 years ago to address disparities in health care for youth. Today, we are still committed to that cause for all youth and young adults.

In the face of new restrictions on reproductive healthcare and potential additional limits, we want our community to know that Corner's highest priority remains the health of our patients. Corner Health wishes to reassure our clients and staff that we remain committed to reproductive justice and we stand steadfast in our commitment to provide nonjudgmental care and support in healthcare for all.



July 2022

Minority Mental Health Awareness Month!

National Minority Mental Health Awareness
Month is observed each July to bring awareness
to the unique struggles that racial and ethnic
minority communities face regarding mental
illness in the United States

Stigma and Mental Health

Each culture and ethnicity has it own unique ways and methods of handling traumas, crisis, and the everyday woes of life. It is important that no matter our background, we acknowledge mental health issues as a legitimate health concern. Whether our mental health concerns come from genetic, biological, environmental or circumstantial causes, erasing the stigma around getting help is vital.

A Healthy Mind = A Healthy Life

Resources

- Inclusive Therapists: virtual directory of culturally competent and social-justice oriented therapists
- · Clinicians of Color directory: mental health clinicians of diverse racial backgrounds
- Melanin & Mental Health Directory: directory of BIPOC mental health providers
- Asian Mental Health Collective Directory



July 2022

Schedule your Appointment

We are open and serving patients with scheduled appointments only. If you are a patient with a scheduled appointment:

- Please call before your appointment to confirm if your visit is onsite or a telehealth visit.
- Check out our website or call us at 734-484-3600 if you have additional questions.
- Masks are required for the duration of your appointment. If you do not have a mask we will provide you with one.

Same day or urgent appointments can be arranged for established patients



Reduce Your Risk

Keep 6 ft distance + cover your face + wash your hands



COVID-19 News from Corner

Corner now has COVID-19 vaccines and boosters available on-site for those ages 6 months and older. Friends and family are invited to schedule an appointment as supplies allow.

Call 724-484-3600 to schedule your appointment today!

What do I do if I test positive?

Stay at home for 5 days and isolate from others in your home. You can end isolation after 5 days if you are fever-free for 24 hours (without using fever-reducing medication) and your symptoms are improving. Wear a well-fitting mask for 10 days any time you are around others after testing positive

Washtenaw COVID Update

69.5% of Washtenaw County residents have received their first dose of the COVID-19 vaccine