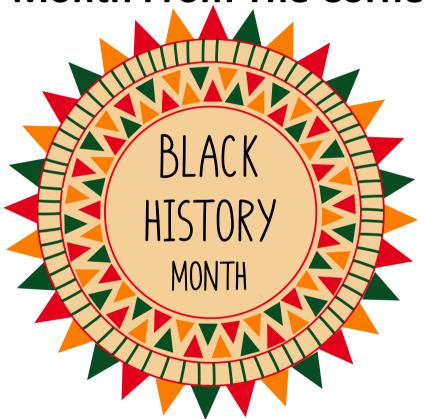
# What's the Scoop on Your Health?



February 2023

# **Happy Black History Month From The Corner!**



Judgment-free, affordable and comprehensive health care delivered with excellence and YOUth in mind.

The Corner Health Center

www.cornerhealth.org

47 N. Huron St

#### **Hours**

Monday, Thursday, Friday 9am-5pm Tuesday 9am-6pm Wednesday 1pm-5pm

#### **Features & Highlights**

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The mission of the Corner Health Center is to inspire 12-to 25-year-olds (and their children) to achieve and sustain healthy lives by providing judgement-free, affordable health and wellness care and education.

We offer physical health, behavioral health services, health education and youth development programs designed for teens, young adults and their children.

For more information, visit www.cornerhealth.org or call 734-484-3600 for an appointment.













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## February is...

#### **Teen Dating Violence Awareness Month**

Dating Violence is a pattern of power and control that one person uses over someone with whom they may be in an intimate relationship with. Abusers use a variety of methods which include physical violence, sexual violence, emotional abuse, intimidation, threats and money to control their partner.

### **Signs of Abusive Relationships**

1 in 3 U.S. teens will experience physical, sexual, or emotional abuse from someone they're in a relationship with.

Below are some "red flags" that people may experience in abusive relationships.

- Intimidation
- Extreme jealousy
- · Isolation from friends and family
- Explosive temper/ moodiness
- Threats/ name-calling
- Physical violence (cuts, bruises)
- Unwanted touching/ or sexual contact



# Scan here for additional resources!



#### Resources

Do you know someone in an abusive relationship? Don't hesitate to reach out for help.

Safehouse 24/7 Hotline- 734-995-5444 Or call 911



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### Coming Soon at the Corner...

#### **Stand Out: Parents of Trans and Non-Binary Youth**

The Corner Health Center is offering a 4-part workshop called Stand Out! The workshop series will provide support and resources for parents of trans and non-binary young people. The workshops will be held virtually via Zoom every Tuesday in March. The dates and topics are listed:



Tues., March 7th (6-7:30 p.m.) - Introduction to Gender - parents only Tues., March 14th (6-7:30 p.m.) - Coming Out - parents only Tues., March 21st (6-7:30 p.m.) - Youth Panel - parents & young adults are encouraged to come!

Tues., March 28th (6-7:30 p.m.) - Allyship and Supporting your Child - parents only



Please fill out this **form** or scan this QR code if you are interested!



#### **Cooking with the Corner**

The Corner will feature virtual cooking classes on YouTube and over social media! These classes will teach lessons on how to prepare quick and affordable meals. Make sure to follow our social media pages for more information!

For more information regarding these programs, please reach out to Riley Annear at rannear@cornerhealth.org or subscribe to our calendar <a href="mailto:here">here</a>



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### February is Black History Month!

What began as "Negro History Week" in 1926 by Carter G. Woodson, evolved into a month-long celebration known as Black History Month. Black History Month is recognized every February to celebrate and reflect on the life-changing contributions that those of African descent have made to our world. It is important to celebrate and learn about black history because it is American history.

Attend these local

#### **How can We Celebrate Black History Month?**

- Support/shop at black-owned businesses
- Read one of the NAACP-nominated books
- Visit an African American history museum
- Play the <u>2023 Black History Month Compilation on Spotify</u>
- Listen to a podcast (1619 Project, Historically Black)
- Eat at a black-owned restaurant
  - <u>Here</u> is a list of black-owned businesses in Washtenaw County











#### The Legacy of Henrietta Lacks

In 1951, Henrietta Lacks and her cells became the key to many medical advances today. Mrs. Lacks' cells were unlike any other cells doctors had seen because they doubled every 20-24 hours. Without the consent of her or her family, they have been used to test the effects of radiation and poisons, to study the human genome, to learn more about viruses and have been crucial in the development of polio and COVID-19 vaccines. Today, these incredible cells - nicknamed "HeLa" cells - are used to study the effects of toxins, drugs, hormones, and viruses on the growth of cancer cells without experimenting on humans. Mrs. Lacks passed away on October 4, 1951, but her stolen cells continue to impact the world.



Check out our social media for more information about Henrietta Lacks, her cells and informed consent.



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@CornerHealthCenter







### Schedule your Appointment

Schedule your Appointment by calling 734-484-3600. Same-day and walk-in appointments are available most days. Masks are available as needed and they are required in the building. If you need to cancel or reschedule, please call!!!



# **Need your COVID-19 vaccine?**





#### Get your FREE at-home COVID-19 tests!

Every household in Michigan can order free tests each month. Scan this QR code to retrieve your tests Project Act.



#### COVID-19

Use bit.ly/CornerHealth to schedule your COVID-19 vaccine or flu shot appointment today!

#### **Corner Pantry**

**Please Consider Donating Some of our High Need Items to the FREE pantry:** www.cornerhealth.org/make-animpact/wish-list/