

What's the Scoop on Your Health?

May 2023 - Newsletter

**the
corner**
HEALTH CENTER

Celebrate National Mental Health Awareness Month!



**Judgment-free, affordable and comprehensive health
care delivered with excellence and YOUTH in mind.**

The Corner Health Center

www.cornerhealth.org

47 N. Huron St

Hours

Mon., Thurs., Fri.

9 a.m. - 5 p.m.

Tues. 9 a.m.- 6 p.m.

Wed. 1 - 5 p.m.

Features & Highlights

P.2 - Mental Health
Awareness Month

P.3 - Corner Updates

P.4 - Meet Douglas

The mission of the Corner Health Center is to inspire 12-to 25-year-olds (and their children) to achieve and sustain healthy lives by providing judgement-free, affordable health and wellness care and education.

We offer physical health, behavioral health services, health education and youth development programs designed for teens, young adults and their children.

For more information, visit www.cornerhealth.org or call 734-484-3600 for an appointment.

@TheCornerHealth



@CornerHealthCenter



May is... National Mental Health Awareness Month

Mental Health Awareness Month is a reminder that your mental health is always essential to your overall health! Some of the best ways to make mental health a priority is to get outside, participate in physical activities, have a balanced diet, take time to recharge, keep your mind engaged... and many more!



The Corner Health Center provides mental health services for its patients. Please call to schedule an appointment!

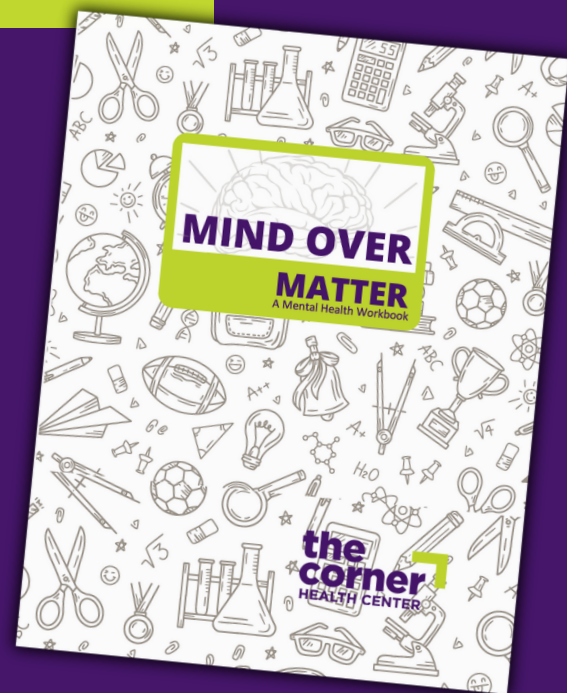
734-484-3600

Mind Over Matter: The Corner's Mental Health Activity Book

Enjoy our free, evidence-based workbook of activities, readings, and reflections to focus on improving your mental health!



LEARN MORE





FIRST FRIDAYS ARE BACK!!!

The Corner Health Center will be participating in First Fridays for the entire summer! For the first Friday, May 5, the Corner will host FREE painting & popcorn! Learn about our programs while you create your own masterpiece

[Click here](#) to learn more!

National Women's Health Week (May 14-20)



National Women's Health Week is celebrated each year, beginning on Mother's Day, to encourage women and girls to make their health a priority!

[LEARN MORE](#) >>>>>>>>>>



Lupus Awareness Month

Lupus is an autoimmune disease with no cure and causes inflammation in the body. The most distinctive sign is a facial rash that resembles the wings of a butterfly unfolding across both cheeks.



For more information regarding these programs, please email outreach@cornerhealth.org or subscribe to our calendar [here](#)

Meet Douglas Manigault III Our Development Director!

A macro social worker by training, Douglas has spent the last eight years raising funds for small, large, and national nonprofits. He has successfully raised nearly \$20-million from individuals, foundations, corporations, government agencies, and community organizations. Douglas is not new to the Corner Health Center, having completed his master's degree internship here in 2014. "Returning to lead the fundraising efforts at The Corner Health Center is a full-circle moment," Manigault said. "I left my internship inspired to do this work. I am particularly excited for this work in such a generous community like Washtenaw County."



[Learn more
about Douglas](#)

Donate to the Corner!

Your gift today helps young people and their children access quality, confidential, affordable, and judgment-free health care services regardless of their insurance status or ability to pay.



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Schedule your Appointment

Schedule your appointment by calling 734-484-3600. Same-day and walk-in appointments are available most days. Masks are available as needed and they are required in the building. If you need to cancel or reschedule, please call!!!