

Stand Out Parent Resources

General Resources:

National Center for Trans Equality allyship guide:

https://transequality.org/sites/default/files/docs/resources/Ally-Guide-July-2016_0.pdf

HRC ally guide:

https://reports.hrc.org/being-an-lgbtq-ally?_ga=2.201795601.1624670319.1680006218-1440555661.1680006218

English National Resource Sheet for Parents of Transgender Youth Oct 15 2 pdf document

<https://www.lgbtmap.org/advancing-acceptance-for-parents>

Organizations:

PFLAG: <https://pflag.org/>

Stand with Trans: <https://standwithtrans.org/>

Trevor Project: <https://www.thetrevorproject.org/>

Call Him Hunter: <https://callhimhunter.com/>

Binding resources:

<https://transguys.com/features/chest-binding>

Low and no-cost binders: <https://www.pointofpride.org/free-chest-binders> ,

<https://www.ftm essentials.com/pages/ftme-free-youth-binder-program>

Local name change clinic: <https://aadl.org/node/582770>

Corner Health Center Resources

- Gender affirming healthcare
- Trans and non-binary support group for ages 18+
 - Wednesdays 6pm-7pm
 - Must be a client at the Corner already
 - Email jschwartz@cornerhealth.org for more information

Private Practitioners for parents (or youth):

- **Odyssey Sexual Health**
 - Fitz, LMSW
 - <https://www.odysseysexualhealth.com/therapy>
- **Integrative Empowerment Group**
 - I've worked with Craig VamKempen, LMSW and Susan Hamilton, LLP
 - <https://www.integrativeempowerment.com>
- **Wentworth & Associates**
 - Jay Fallon, LMSW
 - https://wentworthandassociates.com/portfolio_item/jay-fallon-ma-lmsw/

- **Effort + Ease Integrative Mental Health** (virtual only, at this time)
 - Jo Richardson, LMSW
 - <https://www.effortandeasehealing.com>
- **Nick Salisbury, LMSW**
 - <https://www.therapyden.com/therapist/nick-salisbury-ann-arbor-mi#contact>
- **Rooted Counseling, LLC**
 - Cosette Weaver, LMSW
 - <https://rootedcounselingmi.com/cosette>
- **Emotional Support Queer**
 - Jess Miller, LLMW
 - jess@emotionalsupportqueer.org
- **Lyza Ballard, LMSW**
 - <https://www.psychologytoday.com/us/therapists/lyza-ballard-eastpointe-mi/715440>
- **Joshua Curie & Associates Therapy**
 - Josh Curie, LMSW
 - <https://www.joshcurietherapy.org/>
- **Radical Wellbeing Center**
 - <https://radicalwellbeingcenter.com/>

Other Non-profit ORGs focusing on LGBTQ youth & family supports:

- **Ruth Ellis Center**
 - Claudia Jean-Pierre, LMSW
 - <https://www.ruthelliscenter.org/>
- **Affirmations LGBTQ Center**
 - Naheim Rida, LLMSW
 - <https://goaffirmations.org/behavioral-health-program/>

Support groups for parents and caregivers

- **Gender Spectrum**
 - <https://genderspectrum.org/articles/gender-spectrum-groups>