What's the Scoop on Your Health?

September 2023 - Newsletter



Celebrate National Self-Care Awareness Month!

The Corner Health Center <u>www.cornerhealth.org</u> 47 N. Huron St

Hours

Mon., Thurs., Fri. 9 a.m. - 5 p.m. Tues. 9 a.m.- 6 p.m. Wed. 1 - 5 p.m.

Features & Highlights

P.2 - Self-Care Tips/Theatre Troupe

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Check out page 2 for selfcare tips!

> The mission of the Corner Health Center is to inspire 12-to 25-year-olds (and their children) to achieve and sustain healthy lives by providing judgement-free, affordable health and wellness care and education.

We offer physical health, behavioral health services, health education and youth development programs designed for teens, young adults and their children.

For more information, visit www.cornerhealth.org or call 734-484-3600 for an appointment.







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September is National Self-Care Awareness Month

Treat Yourself Today!!

Take time every day to prioritize your physical, mental, & emotional well-being!



Stay active when you can, your body benefits from something as simple as a walk!



Participate in activities that make you happy!



Connect with others to improve your social wellbeing!

Theatre Troupe & YLC are BACK!!!

Caught the acting bug? Join our Theatre Troupe! It's a great way to explore drama & learn more about different health topics. The Youth Leadership Council (YLC) creates programs and advises The Corner about the needs of young people in our community.

\$tipend included!



Scan to Sign Up!

For more information regarding these programs, please email outreach@cornerhealth.org or subscribe to our calendar <u>here</u>



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The Corner's Lotus Society

When you arrange a bequest through your will or estate, you create support that allows the Corner to respond to future health needs of our youth. Your future gift assures all youth will continue to have equal access to high-quality, judgment-free, confidential health care at the Corner for years to come! You will help future generations of young people grow to be healthy adults.

For more info, contact our Development Director, Douglas Manigault III, at 734-714-2245 or dmanigault@cornerhealth.org, or scan the QR code



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Donate to the Corner!

Your gift today helps young people and their children access quality, confidential, affordable, and judgment-free health care services regardless of their insurance status or ability to pay.



Schedule Your Next Appointment

Schedule your appointment by calling 734-484-3600. Same-day and walk-in appointments are available most days. Masks are available as needed and they are required in the building. If you need to cancel or reschedule, please call!



Corner News

The Corner Awarded Funding from Kiwanis International for Eye Movement Desensitization & Reprocessing (EMDR) Project

n partnership with Kiwanis International Club of Ann Arbor, The Corner Health Center has been awarded funding for an Eye Movement Desensitization and Reprocessing (EMDR) project that will help our patients who experience trauma. LEARN MORE!





The Corner's E3 Program Named "One of the Best in Michigan" by MDHHS!

he Expanding, Enhancing Emotional Health (E3) program provides mental and behavioral health services for youth ages 10 to 21 at Belleville High School. LEARN MORE!



The Corner Health Center Certified as Most Valuable Provider (MVP) by Michigan Vaccination Partners

he Corner Health Center joins statewide effort to promote equitable access to vaccinations and other healthcare services for Michigan residents with disabilities.

READ MORE



Scan to Stay Locked In on All News About The Corner!

