# What's the Scoop on Your Health?

November 2023 - Newsletter





The mission of the Corner Health Center is to inspire 12-25-year-olds (and their children) to achieve and sustain healthy lives by providing judgement-free, affordable health and wellness care and education.

We offer physical health, behavioral health services, health education and youth development programs designed for teens, young adults and their children.

For more information, visit www.cornerhealth.org or call 734-484-3600 for an appointment.

#### The Corner Health Center

www.cornerhealth.org

47 N. Huron St

#### **Hours**

Mon. 9 a.m. - 5 p.m.

Tues. 9 a.m.- 6 p.m.

Wed. 1 - 5 p.m.

Thurs. 9 a.m. - 5 p.m.

Fri. 9 a.m. - 5 p.m.

#### **Features & Highlights**

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#### **FOLLOW US!**

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# THREE-COURSE CELEBRATORY

#### — COOKING COMPETITION

You're invited to join The Corner for our Three-Course Celebratory cooking competition!

#### **CLICK HERE FOR TICKETS!**

**WHEN?** Thursday, Feb. 29, 2024 from 6-9 p.m. **WHERE?** Thomson Reuters | 6300 Interfirst Dr., Ann Arbor, Mich.

Join The Corner Health Center as we premiere the Three-Course Celebratory, where guests come to witness a live cooking competition; enjoy a complimentary meal; listen to good music; and experience the transformation that happens when young people (and their children) come to The Corner!

GET TICKETS





**November 2023** 

#### WE WANT YOU TO HELP BE THE CHANGE

Join The Corner's Youth Leadership Council!

As a member, take part in:

- team-building exercises
- leadership development
- grant writing
- community-based research
- advocacy & program development
- and more!









## Healthy Youth, Healthy Futures Program

#### **Continues Through November!**

Want to cook affordable, delicious dishes?! Join our HYHF program! Our new series of classes starts Tuesday, Nov. 7, and will continue through December every Tuesday from 5:30-7 p.m.

Text 734.657.4652 to sign up or



Scan to Sign Up!

For more information regarding these programs, please email outreach@cornerhealth.org or subscribe to our calendar <a href="mailto:here">here</a>



**November 2023** 



#### NATIONAL CHILD SAFETY & PROTECTION MONTH

The Corner holds a bimonthly Safe Baby course focused on supporting baby safety in the car and while sleeping! This class is available free of charge to people in their third trimester who are 26 and younger.

LEARN ABOUT THE CORNER MIHP'S SAFE BABY COURSE AND HOW TO SIGN UP!



**RESOURCES** 

#### NOV. 20-26 IS NATIONAL FAMILY WEEK!



The Corner offers Father for Family: a program where young fathers can connect with other fathers, learn more about parenting and receive the support and resources needed to be the best dads they can be. We celebrate fatherhood!

Scan the QR code to learn more!

For more information regarding these programs, please email outreach@cornerhealth.org or subscribe to our calendar here

# Corner News

The Corner Awarded Funding from Kiwanis International for Eye Movement Desensitization & Reprocessing (EMDR) Project

1 n partnership with Kiwanis International Club of Ann Arbor, The Corner Health Center has been awarded funding for an Eye Movement Desensitization and Reprocessing (EMDR) project that will help our patients who experience trauma. LEARN MORE!





# The Corner to Host "Basics of Estate Planning" Webinar

In honor of National Estate Planning Awareness Month, join The Corner as we discuss the basics of estate planning for your future! Brought to you by The Corner Health Center's Development Director

Douglas Manigault III, the events include special guest presenter, Conan Malmer, Founder and President of Malmer Asset Management!

**READ MORE** 



The Corner's E3
Program Named
"One of the Best in
Michigan" by MDHHS!

he Expanding, Enhancing Emotional Health (E3) program provides mental and behavioral health services for youth ages 10 to 21 at Belleville High School. LEARN MORE!



In on All News
About The Corner!





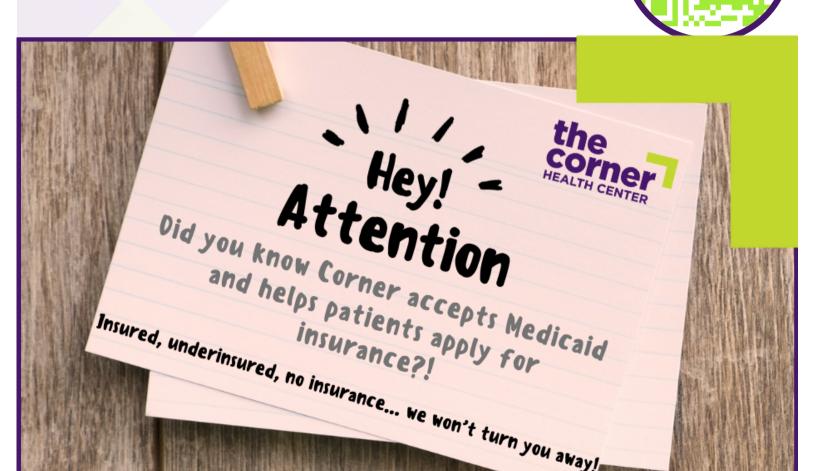
**November 2023** 

#### Schedule Your Next Appointment

Schedule your appointment by calling 734-484-3600.

Same-day and walk-in appointments are available most days. Masks are available as needed and they are required in the building. If you need to cancel or reschedule, please call!

### Visit our website!





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### The Corner's Lotus Society

When you arrange a bequest through your will or estate, you create support that allows the Corner to respond to future health needs of our youth. Your future gift assures all youth will continue to have equal access to high-quality, judgment-free, confidential health care at the Corner for years to come! You will help future generations of young people grow to be healthy adults.

For more info, contact our Development Director, Douglas Manigault III, at 734-714-2245 or dmanigault@cornerhealth.org, or scan the QR code





#### Donate to the Corner!

Your gift today helps young people and their children access quality, confidential, affordable, and judgment-free health care services regardless of their insurance status or ability to pay.



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