

What's the Scoop on Your Health?

March 2024 - Newsletter

**the
corner**
HEALTH CENTER



The mission of the Corner Health Center is to inspire 12-25-year-olds (and their children) to achieve and sustain healthy lives by providing judgement-free, affordable health and wellness care and education.

We offer physical health, behavioral health services, health education and youth development programs designed for teens, young adults and their children.

For more information, visit www.cornerhealth.org or call 734-484-3600 for an appointment.

The Corner Health Center

www.cornerhealth.org

47 N. Huron St

Hours

Mon. 9 a.m. - 5 p.m.

Tues. 9 a.m. - 6 p.m.

Wed. 1 - 5 p.m.

Thurs. 9 a.m. - 5 p.m.

Fri. 9 a.m. - 5 p.m.

Features & Highlights

P.2 - Nutrition Month

P.3 - #TDOV

P.4 - Programming

P.5 - Corner News

P.6 - Medicaid Info

P.7 - Make an Impact!

P.8 - Community Board



SUBSCRIBE

FOLLOW US!

@TheCornerHealth



@CornerHealthCenter



cornerhealth.org





SELF-SCHEDULING IS HERE!

**LEARN MORE ABOUT HOW YOU CAN
SCHEDULE YOUR APPOINTMENTS!**



MARCH IS NATIONAL NUTRITION MONTH



Did you know?!

The Corner runs summer cooking and fitness classes for those who want to grow into a healthier lifestyle! Our clinic also offers nutrition counseling for a variety of issues; healthy eating, anemia, disordered eating, etc.

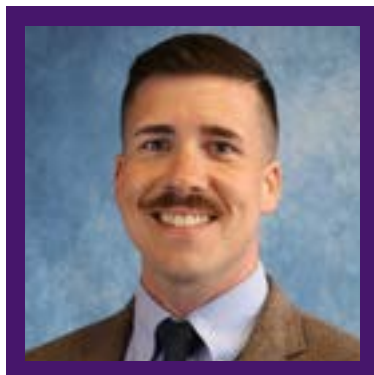
Call 734.484.3600 to schedule an appointment.

The schedule for the 2024 summer classes will be announced May 2024, so stay up-to-date with us!

MARCH 31 IS INTERNATIONAL TRANSGENDER DAY OF VISIBILITY

Our **Transgender & Non-Binary Support Group** runs **every Monday @ 6 p.m. via Zoom!**

Please email astrickland@cornerhealth.org for more information on how to join!



Alex Plum
Executive Director

Gender is a deeply-felt part of a person's intrinsic identity and worth. Affirming all people – especially our transgender siblings – and working to ensure their safety, health, and wholeness is a key part of the Corner Health Center's

mission. We are grateful to stand in solidarity with the full spectrum of the trans community on Transgender Day of Visibility and everyday.

“”

the corner

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The Scoop - p.4

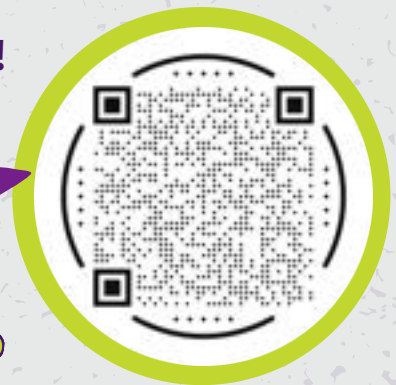
March 2024

WE WANT YOU TO HELP BE THE CHANGE

Join The Corner's Youth Leadership Council!
As a member, take part in:

- team-building exercises
- leadership development
- grant writing
- community-based research
- advocacy & program development
- and more!

SIGN UP



\$TIPEND INCLUDED!



JOIN PATIENT FAMILY ADVISORY COUNCIL!



PFAC is a board of members who help ensure that all of our programs, policies and services are relevant to the patients we serve. Members are patients, parents of patients, staff and community members who are willing to join.

SCAN: QR code.

CALL: Ashley Anderson at 734-714-2228

EMAIL: aanderson@cornerhealth.org

RETURN: Fill out & return interest card to front desk

First Meeting- April 23 via Zoom at 5:30pm



Corner News

New Doula Program is Now Serving Patients at The Corner!

The Corner Health Center's new doula program is now taking clients! The Corner Health Center offers optional doula services to our prenatal and Maternal Infant Health Program (MIHP) families. [LEARN MORE!](#)



Meet The Corner's New Clinic Manager: Markia Jones

Jones has been promoted to Clinic Manager, previously serving as The Corner's Family Nurse Practitioner. [LEARN MORE!](#)



[LISTEN] Executive Director Alex Plum Joins WEMU 89.1

The Corner Health Center's Executive Director Alex Plum joined WEMU 89.1's Washtenaw United show to discuss The Corner's services offered to our youth community Monday, Jan. 22.

[READ](#)

[LISTEN](#)



Scan to Stay Locked In on All News About The Corner!



Schedule Your Next Appointment

Schedule your appointment by calling **734-484-3600**.
Same-day and walk-in appointments are available most
days. Masks are available as needed and they are
required in the building. If you need to cancel or
reschedule, please call!

[Visit our website!](#)



The Corner's Lotus Society

When you arrange a bequest through your will or estate, you create support that allows the Corner to respond to future health needs of our youth. You will help future generations of young people grow to be healthy adults. For more info, contact our Development Director, Douglas Manigault III, at 734-714-2245 or dmanigault@cornerhealth.org, or **scan the QR code**.



Become a Healthy Youth Sustainer!

This monthly giving society helps ensure that young people ages 12- to 25-years-old (and their children) have ongoing access to comprehensive, integrated health and wellness care services!

Just one cup of coffee a month can make a huge impact on someone's life...



Donate to the Corner!

Your gift today helps young people and their children access quality, confidential, affordable, and judgment-free health care services regardless of their insurance status or ability to pay.



COMMUNITY BOARD



Share your vision of the future of parks and recreation in Washtenaw County. We appreciate your input! Visit us at: <https://engagepros.mysocialpinpoint.com/WCPARC> or scan this QR code



SMART RECOVERY

STAY SOBER AND LEARN TO TAKE IT ONE DAY AT A TIME

Mutual Support
Discussion
Exchange of Useful Information
Modeling & Acceptance

4 Point Group Dynamics
Building & Maintaining Motivation
Coping with Urges
Managing Thoughts, Feelings & Behaviors
Living a Balanced Life

Starting
February 20, 2024
Every Tuesday
5:30-6:30pm
via Zoom

SCAN HERE TO JOIN:



the corner HEALTH CENTRE

Make Your Voice Heard!!!

ARE YOU

- BETWEEN THE AGES OF 16 AND 24
- LIVING IN WASHTENAW COUNTY
- HAVE EXPERIENCED HOUSING INSTABILITY OR HOMELESSNESS?

Join the Continuum of Care (CoC) Youth Advisory Board to help improve youth housing services in Washtenaw County

Every youth participant will receive a \$50 stipend per meeting

If you are interested in gaining leadership skills, working with your peers, and helping to create change in Washtenaw County you can reach out via email to moncriefm@washtenaw.org



Join OCED for the 2024

Small Business Fair

Join us to encourage, support, and promote small businesses and microenterprises

There will be many different tables and vendors to offer support and insight

This is a **FREE** event open to everyone



Register by scanning the QR code or by visiting bit.ly/sbf-2024

March 15th, 2024
10am - 4pm

Learning Resource Center
4135 Washtenaw

Opportunities will include:

- Networking
- Connection to possible business support services
- Resource sharing
- A panel discussion
- Navigating the procurement process

Questions?

Contact Cheramisa Williams
williamsch@washtenaw.org



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