## What's the Scoop on Your Health?

July 2024 - Newsletter





The mission of the Corner Health Center is to inspire 12-25-year-olds (and their children) to achieve and sustain healthy lives by providing judgement-free, affordable health and wellness care and education.

We offer physical health, behavioral health services, health education and youth development programs designed for teens, young adults and their children.

For more information, visit www.cornerhealth.org or call 734-484-3600 for an appointment.

### The Corner Health Center

www.cornerhealth.org 47 N. Huron St

#### **Hours**

Mon. 9 a.m. - 5 p.m. Tues. 9 a.m.- 6 p.m.

Wed. 1 - 5 p.m.

Thurs. 9 a.m. - 5 p.m.

Fri. 9 a.m. - 5 p.m.

### **Features & Highlights**

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### **FOLLOW US!**

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## Tips for a Sober Summer

The best way to stay safe is to Stay Sober! Not only will your mind be sharp, but sobriety benefits your mental & physical health.

If you're drinking pour your own drink, this way you can keep track of what you're drinking. Don't accept an already opened drink.

Always remember there is help. If you think you are intoxicated, poisoned or laced call 911. Remember to sit up, stay awake and drink water.

If you do want to smoke or take edibles, go to a dispensary. this prevents any lacing of drugs or uncertainty of what it is.

Don't mix your substances. if you've been drinking, don't smoke. if you're smoking, don't drink, this can prevent any unpredictable and/or fatal reactions.



Do you, or someone you know, need support? SMART Recovery is an Addiction Recovery Program led by The Corner's health educator.



Scan to join or text 734-657-4652



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the corner

**IUNE 26 -AGES JULY 31** 12-25

## **LEARN HOW TO** DEFEND YOURSELF

**HEALTHY YOUTH, HEALTHY FUTURES SELF-DEFENSE CLASSES EVERY WEDNESDAY FROM 5-6PM** WITH CLOSE QUARTERS COMBAT ACADEMY.

THIS 6-WEEK CLASS IS FREE & **GREAT FOR BEGINNERS!** 

SIGN UP HERE OR **TEXT 734-657-4652** 



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**WE'RE HIRING** 



2. Date of birth

3. Medication you need

4. Pharmacy you want

5. Call back number

It can take 2-3 business days to complete refills Thank you - Your Corner Team

### **Schedule Your Next Appointment**

Call us to schedule your appointment! Same-day and walk-in appointments are available most days. Masks are available as needed and they are required in the building. If you need to cancel or reschedule, please call!



734.484.3600



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Women's Health Care (Gynecology) for Teens & Young Adults with Disabilities

The Corner has highly-skilled clinicians and staff trained to work alongside people with disabilities and an accessible building including equipment and a sensory space designed to meet different needs!

Scan the QR code to find to out more about this new, exciting service!



### JOIN PATIENT FAMILY ADVISORY COUNCIL!



PFAC is a board of members who help ensure that all of our programs, policies and services are relevant to the patients we serve. Members are patients, parents of patients, staff and community members who are willing to join.

SCAN: OR code.

**CALL:** Ashley Anderson at 734-714-2228 **EMAIL:** aanderson@cornerhealth.org

**RETURN:** Fill out & return interest card to front desk



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# SELF-SCHEDULING IS HERE!

LEARN MORE ABOUT HOW YOU CAN SCHEDULE YOUR APPOINTMENTS!





## Corner News



In observance of Independence Day, our office will be <u>CLOSED</u>

Thursday, July 4 & Friday, July 5

Please call 734.484.3600 for urgent issues

## The Corner Receives Gold Certification from the AHI

he Corner Health Center is proud to announce successful completion of the Adolescent-Centered Environment Assessment Process (ACE-AP) and certification as a gold adolescent-centered health center. LEARN MORE!





# New Doula Program is Now Serving Patients at The Corner!

he Corner Health Center offers optional doula services to our prenatal and Maternal Infant Health Program (MIHP) families. LEARN MORE!



In on All News
About The Corner!





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### Schedule Your Next Appointment

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## Visit our website!





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## The Corner's Lotus Society

When you arrange a bequest through your will or estate, you create support that allows the Corner to respond to future health needs of our youth. You will help future generations of young people grow to be healthy adults. For more info, contact our Development Director, Douglas Manigault III, at 734-714-2245 or dmanigault@cornerhealth.org, or scan the QR code.









## **Become a Healthy Youth Sustainer!**

This monthly giving society helps ensure that young people ages 12- to 25-years-old (and their children) have ongoing access to comprehensive, integrated health and wellness care services!

Just one cup of coffee a month can make a huge impact on someone's life...

### **Donate to the Corner!**

Your gift today helps young people and their children access quality, confidential, affordable, and judgment-free health care services regardless of their insurance status or ability to pay.







### **FOLLOW US!**

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