What's the Scoop on Your Health?

March 2025 - Newsletter





The mission of the Corner Health Center is to inspire 12-25-year-olds (and their children) to achieve and sustain healthy lives by providing judgement-free, affordable health and wellness care and education.

We offer physical health, behavioral health services, health education and youth development programs designed for teens, young adults and their children.

For more information, visit www.cornerhealth.org or call 734-484-3600 for an appointment.

The Corner Health Center

www.cornerhealth.org 47 N. Huron St

Hours

Mon. 9 a.m. - 5 p.m.

Tues. 9 a.m.- 6 p.m.

Wed. 1 - 5 p.m.

Thurs. 9 a.m. - 5 p.m.

Fri. 9 a.m. - 5 p.m.

Features & Highlights

P.2 - #WHM

P.3 - Programming

P.4 - We're Hiring!

P.5 - Health Advocacy

P.6 - Corner News

P.7 - Medicaid Info

P.8 - Make an Impact!

P.9 - Community Board



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March 2025

National Women's History Month

Women's History Month is a month to reflect and celebrate the sometimes-overlooked contributions that women have made to our nation. While it's important to highlight and celebrate women every day, March is a time to reflect on the contributions women have made to better the world, not only for other women, but for everyone. This is also a great time to celebrate the women in your life that have made a difference: mom, grandmother, aunt, sister, teacher, etc.



Scan to learn more about Women's History Month!

What can we do to support?

- Support a locally owned woman business
 - Here is a list of women-owned businesses in Washtenaw County
- Write thank-you notes to the women in your life
- Watch a film on a woman of influence
- Read a book by a female author
- Support a women's nonprofit organization





March 2025

HEALTHY YOUTH, HEALTHY FUTURES IS BACK!

This free 6-week cooking class is open to anyone ages 12-25. The series will run from February 26 through April 9 every Wednesday from 4-6 p.m.

Click to sign up!









@CornerHealthCenter









JOIN PATIENT FAMILY ADVISORY COUNCIL!



PFAC is a board of members who help ensure that all of our programs, policies and services are relevant to the patients we serve. Members are patients, parents of patients, staff and community members who are willing to join.

SCAN: OR code.

CALL: Ashley Anderson at 734-714-2228 **EMAIL:** aanderson@cornerhealth.org

RETURN: Fill out & return interest card to front desk



March 2025





Schedule Your Next Appointment

Call us to schedule your appointment if you're 12-25! Same-day and walk-in appointments are available most days. Masks are available as needed and they are required in the building. If you need to cancel or reschedule, please call!



734.484.3600



One in Four Women

Written by Public Health Intern Kameryn Gannon

One in four people living with HIV in the United States are women.

Human Immunodeficiency Virus (HIV) is a virus that attacks your body's immune system—the system protecting you from germs and sickness.

If left untreated, **HIV can lead to AIDS.** The only way to know if you have HIV is to get tested.

Are You at Risk?

In Michigan, Black women accounted for 9.1% of new HIV diagnoses in 2023. Most women who acquire HIV do so through anal or vaginal sex, certain body fluids, or sharing needles and drug injection equipment.

You may have a higher risk if you:

- Have unprotected sex
- Have injected illegal drugs, either now or in the past
- Had sex with someone who has HIV
- Have sex with both men and women
- Have a sexually transmitted infection (STI)

Symptoms of HIV

Early symptoms of HIV can mimic the flu The following symptoms may last between two and four weeks:

- Fever and chills
- Headache and fatigue
- Muscle aches and joint pain
- Sore throat and mouth sores
- Rash
- Diarrhea

These symptoms are common in other illnesses. The only way to know if you have HIV is to get tested.

Preventing HIV

There are many tools you can use to protect yourself and stop the transmission of HIV, including:

- Using male or female condoms correctly every time you have sex.
- Never sharing needles, syringes, or other drug injection equipment.
- Routinely taking prescribed PrEP (preexposure prophylaxis) if you are at higher risk for HIV.
- Taking PEP (post-exposure prophylaxis), a short course of HIV medication, after potential exposure.

Get Tested at The Corner Health Center

The Corner Health Center offers a variety of judgment-free, gender-affirming sexual health services, including HIV testing and counseling, to support the prevention, treatment, and management of HIV/AIDS. To schedule an appointment with one of our providers, call (734) 484-3600.

Corner News

The Corner Wins 'Best Health Nonprofit' in the Best of Washtenaw 2024 Awards

he Corner was also one of six finalists for 'Most Effective Organization for LGTBQ+ Community'. The Best of Washtenaw is an annual recognition by Current Magazine, highlighting the amazing work of so many in Washtenaw County. LEARN MORE!





The Corner Partners with MDHHS For New School-Based Health Initiative

The Corner Health Center announced its new School Wellness Program (SWP).
The Corner also revealed the existing Expanding, Enhancing Emotional Health (E3) program will be transitioning to W.A.V.E. (Washtenaw Alliance for Virtual Education). LEARN MORE!





The Corner Receives Behavioral Health Grant via Michigan Health Endowment Fund

he Corner's YouthWell Initiative aims to provide tailored educational materials, therapy sessions, and peer support networks that empower young people to manage their mental health.

In on All News About The Corner!





March 2025

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Visit our website!





March 2025

The Corner's Lotus Society

When you arrange a bequest through your will or estate, you create support that allows the Corner to respond to future health needs of our youth. You will help future generations of young people grow to be healthy adults. For more info, contact our Development team at 734-714-2235 or development@cornerhealth.org, or scan the QR code.









Become a Healthy Youth Sustainer!

This monthly giving society helps ensure that young people ages 12- to 25-years-old (and their children) have ongoing access to comprehensive, integrated health and wellness care services!

Just one cup of coffee a month can make a huge impact on someone's life...

Donate to the Corner!

Your gift today helps young people and their children access quality, confidential, affordable, and judgment-free health care services regardless of their insurance status or ability to pay.







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